



MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(AN AUTONOMOUS ORGANIZATION UNDER DEPT. OF AYUSH, MINISTRY OF HEALTH & F.W., GOVT. OF INDIA)

**Scheme
for
DISTRICT YOGA WELLNESS CENTRE
Under Public Private Partnership**



Health, Happiness and Harmony
for all through Yoga

Morarji Desai National Institute of Yoga

68, Ashoka Road, Near Gole Dak Khana, New Delhi-110001

Scheme for

District Yoga Wellness Centre

Under Public Private Partnership (PPP)

1. Introduction:

Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organization under the Department of AYUSH, Ministry of Health & Family Welfare, Government of India and is a focal Institute for planning, training, promotion and coordination of Yoga Education, Training, Therapy and Research in all its aspects.

Yogic practices represent a unique feature of Indian tradition and culture. Evolved thousands of years back by the Rishis, Yoga techniques are being widely covered for meeting the changing health care needs of mankind. Yoga has attracted global attention in recent years. The awareness about Yogic practices is increasing among people from different walks of life, not only for preservation and promotion of health, but also for the management of various diseases. Many Yoga experts and Medical Professionals have been advocating Yogic lifestyle intervention for the prevention and management of stress induced and other psychosomatic disorders. Keeping in view, the time-tested benefits of Yoga and being highly economical, it is felt that the Yoga facility should be made available to more and more people at gross root level adhering to the classical knowledge, so that people trained in Yoga can derive maximum benefits. Also as popularity of Yoga is growing, the demand for Yoga training is increasing at all level.

As a dedicated National Institute for the propagation and promotion of Yoga, MDNIY is putting its best efforts to extend the benefits of Yoga to more and more people. It is therefore, been felt that the activities of the Institute should spread all over the country, as intervention in public healthcare initiatives. The need of the hour is to impart proper and good Yoga training, facilities to the common people, so that people will be convinced to adopt the system of Yoga more and more as part of their lifestyle. It is necessary to standardize the quality of Yogic practices and replicate it for extending their benefit all over the country by networking with other leading Yoga Institutes working in the field.

Therefore, a scheme for District Yoga Wellness Centre under Public Private Partnership (PPP) mode is proposed by MDNIY.

2. Objectives:

The scheme will be implemented during 11th Five Year Plan under PPP mode initially with a district as a unit for Yoga intervention. The scheme is aimed at supporting Non Government Organizations (N.G.O.) partially to promote Yogic activities for public/ community healthcare and to encourage utilization of Yoga professionals in public health care delivery programme.

It is felt necessary to have the PPP mode of implementation for the proposed scheme of expansion of Yoga Training activities at district level for propagation and promotion of Yoga.



The specific **objectives** of the scheme are given below:

- a. To increase mass awareness about the health benefits of Yoga.
- b. To impart training facility on standard Yoga practices for physical, mental and spiritual well being of the people.
- c. To create a network of Yoga Training Institutes/ Centers for propagation and promotion of Yoga.
- d. To co-ordinate Yoga in School Health Programme of MDNIY with the help of teachers trained in each district under School Health Programme by leading Yoga Institutes.

3. Eligibility:

- a. The NGO shall be registered under Societies Registration Act, 1860 or as a Trust.
- b. The NGO should have been engaged in **Yoga training / health promotion** activities at least for last three years.
- c. The NGO should have minimum basic infrastructure facilities viz. Staff Room cum Office, Good Yoga Hall, facilities for Shatkarma and other facilities to conduct Yoga Training and wellness programmes.
- d. The NGO should have expertise in organizing health awareness programmes.

Note- NGO already availing the financial assistance for similar purposes either from Department of AYUSH or from any of its subordinate Offices of the Central or State Governments are not eligible to apply under this scheme.

4. Modalities:

The eligible NGO will be provided financial assistance in the form of grant-in-aid under the scheme. At least one NGO will be assisted in each district of the country in phases during the 11th Five Year Plan. For the purpose, NGO will be required to apply to the Director, MDNIY, along with the recommendations from:

- (a) The District Collector/Deputy Commissioner/ District Magistrate of the concerned District.
- (b) The Nodal Yoga Institute (NYI) for the concerned state as identified by MDNIY as in **Annexure –I.**

Note- Only those applications recommended by the above two bodies shall be processed for sanction of grant-in-aid.

5. General guidelines:

The General guidelines for submitting the proposal by NGO and other details are enclosed at **Annexure -II.**



6. Scale of Financial Assistance to District Yoga Wellness Centre:

Financial assistance for DYWC by MDNIY for engagement of Technical staff and other purposes will be provided as indicated below:

A. Recurring Expenditure

S. No.	Subject	Expenditure per month (in Rs.)	Total amount per annum (in Rs.)
1.	Remuneration		
	a. Yoga Instructor (Male)	12,000/-	1,44,000/-
	b. Yoga Instructor (Female)	12,000/-	1,44,000/-
	c. Attendant	3,000/-	36,000/-
2.	Hiring of premises/ Maintenance of building	4,000/-	48,000/-
3.	Miscellaneous expenditure	1,500/-	18,000/-
	Total		3,90,000/-

B. Non-Recurring Expenditure (One time grant) for initial furnishing: **Rs.60,000/-**

Note- A Bond for the above amount (A+B) is to be executed. Annexure III.

Based on the performance in the 1st year, the recurring financial assistance will be continued to the NGO for 2nd year and based on the 2nd year performance; the assistance will be continued for 3rd year. From 4th year onwards, the DYWC becoming self-sufficient shall continue the Yoga promotional activities on their own.

Note- The DYWC shall also take measures on their own to generate revenues so that it becomes self sufficient in three years.

7. Appointment of Staff:

The DYWC should appoint staff purely on temporary contract basis. The details of the qualification and experience of the staff to be appointed under the scheme are enclosed at **Annexure – IV**.

Note-

- However, regarding the remuneration for the staff, DYWC may consider to pay more out of its own resources.
- The staff to be appointed under the scheme has no right to claim for regularization of their services by MDNIY.

8. Programme to be conducted by the District Yoga Wellness Centre:

Details of programmes to be conducted by DYWC are enclosed at **Annexure – V**.

9. Processing of Applications:

It is proposed to have institutional mechanism for processing the applications received from the NGOs for the financial assistance under the scheme. The following Committees will process the applications submitted to establish District Yoga Wellness Centres by NGO under PPP:

- i. Institutional Scrutiny Committee
- ii. Institutional Evaluation Committee

A. Composition of the Committees:

i. Institutional Scrutiny Committee:

Will be manned by officers of the MDNIY, with the approval of the Director, MDNIY.

ii. Institutional Evaluation Committee:

- | | |
|--|-------------|
| 1. Director, MDNIY | Chairperson |
| 2. Rep. of D/o AYUSH (not below the rank of Under Secy.) | Member |
| 3. Member of Governing Body (GB), MDNIY | Member |
| 4. Administrative Officer, MDNIY | Convener |

Note: Director may co-opt maximum two Experts if found necessary.

B. Functions of the Committees:

i. Institutional Scrutiny Committee: Would scrutiny the applications for short-listing, based on the required criteria of the scheme.

Note- After scrutiny of the proposal, Director MDNIY may arrange to inspect the eligible NGO, if required.

ii. Institutional Evaluation Committee: Would evaluate all the short listed applications scrutinized by Institutional Scrutiny Committee with reference to required documents received along with the applications, prepare Comparative Statement, select a suitable NGO in each district to run the DYWC and submit the recommendations to the Director MDNIY for consideration.

10. Monitoring committee

Composition:

- | | |
|---|------------------|
| 1. Joint Secretary, Deptt. of AYUSH | Chairperson |
| 2. IFD representative, Deptt. of AYUSH | Member |
| 3. Rep. of D/o AYUSH | Member |
| 4. Member of GB, MDNIY | Member |
| 5. Rep. of concerned Nodal Yoga Institute | Member |
| 6. Director, MDNIY | Member Secretary |



Functions:

The Monitoring Committee will evaluate the work of the DYWC from time to time. Every year the DYWC shall submit Annual Progress Report and Utilization Certificate along with Audited Statement of Accounts for the grant-in-aid received by them. The Nodal Yoga Institute should also submit their evaluation report to MDNIY. Based on these reports/recommendations the Monitoring Committee/ Director MDNIY will decide to continue the assistance or otherwise. However, the MDNIY reserves the right to stop the grant-in-aid in case of any evidence of its non-functioning in true spirit of the scheme or as per the guidelines & standards laid down in the Scheme.

11. Functions and Responsibilities of Nodal Yoga Institutes:

Each DYWC will be provided technical support by Nodal Yoga Institute as identified by MDNIY. They will work as Nodal Institute for a particular state. The responsibilities of Nodal Yoga Institutes are:

A. To receive and scrutiny all the applications submitted to them for recommendation of suitable NGO to MDNIY after examining the applications with respect to:

- Technical aspect.
- The credibility.
- Infrastructural facility.
- Potentiality to conduct the programmes laid down in the scheme.

B. After selection of DYWC:

- To provide technical help for establishing infrastructural facilities.
- To help in selecting suitable technical staff.
- To provide necessary Yoga training/ orientation programme/s to the Yoga instructors.
- To assist the center in implementing the programme in an effective manner.
- Any other assistance, if needed, with specific request and approval from MDNIY.

C. The Nodal Yoga Institute shall periodically evaluate the progress of each DYWC and send half yearly, annual progress report to Director, MDNIY with specific recommendations.

D. A Monitoring fee @ Rs. **12.5 %** of the total recurring amount actually spent by the NGOs will be provided by MDNIY to the Nodal Yoga Institutes for providing technical and monitorial assistance.

Note- The Nodal Yoga Institute so selected by MDNIY shall appoint a Nodal Officer to look after the related matters for smooth functioning of DYWC and no additional payment will be made by MDNIY.

DISTRICT YOGA WELLNESS CENTRE (DYWC)

12. Evaluation:

The DYWC will submit its half yearly and annual progress report in the prescribed format (**Annexure-VI**) to MDNIY, duly forwarded through its Nodal Yoga Institute, latest by 15th of next month.

13. Financial Implications:

The financial implications for implementing the scheme are as follows:

A. For each DYWC per annum:

S. No.	Heads	Scale (Rs. In Lacks)	Total (Rs. in Lacks)
1	Non-recurring @ Rs. 60,000/- (one time grant)	0.60	0.60
2	Recurring:		
	a. 2 Yoga Instructors @ Rs. 12000/ pm	0.24	2.88
	b. An Attendant@ Rs. 3000/pm	0.03	0.36
	c. Hiring of premises/Maintenance of building@ Rs. 4000/ pm	0.04	0.48
	d. Miscellaneous Expenditure@1500/ pm	0.015	0.18
	Total		3.90
3	Monitoring Charges for Nodal Yoga Institute@12.5% of Recurring Expenditure per District per Annum	0.48750	0.49 (Rounded off)
Total 1+2+3=			4.99

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**DISTRIBUTION OF STATES ALLOTTED TO NODAL YOGA INSTITUTES FOR MONITORING
DISTRICT YOGA WELLNESS CENTRE (DYWC)**

S.No	Name of the Nodal Yoga Institute	Name of the States	No. of Districts	Remark
1	The Yoga Institute, Sri Yogendra Marg, Prabhat Colony, Santacruz (East), Mumbai. Maharashtra Tel: 02226110506, 02226122185. E Mail: yogainstitute@reddiffmail.com Web Site : www.theyogainstitute.org	01. Gujarat 02. Rajasthan 03. Goa	26	
			33	
			61	
2	SMYM Samiti, Kaivalyadhama, Swami Kuvalayananda Marg, Lonavla, Pune-410403, Maharashtra Tel : 02114273001, 02114271518 Fax: 02114271983, E Mail: kdham@vsnl.com Web Site: www.kdham.com	04. Maharashtra 05. Madhya Pradesh 06. Dadra & Nagarhaveli 07. Daman & Diu 08. Lakshadweep	35	
			50	
			01	
			02	
			01	
			89	
3	SVYAS University, Eknath Bhavan, #19, Gavipuram Circle, Kempegowda Nagar, Bangalore-560019, Karnatka. Tel: 08026612669, Fax: 08026608645, E Mail: svyasablr@yahoo.com - info@svyasa.org Web Site: www.vyasa.org	09. Karnataka 10. Andhra Pradesh 11. Kerala 12. Punjab 13. Haryana 14 Chandigarh	30	
			23	
			14	
			20	
			20	
			01	
			108	
4	Krishnamacharya Yoga Mandiram 31, Fourth Cross Street, Ramakrishna Nagar, Mandaveli-600028, Chennai, Tamilnadu. Tel: 04424937998, 04424933092 Fax: 04424613341 E Mail: admin@kym.org WebSite: www.kym.org	15. Tamilnadu 16. Puducherry (UT) 17. Andaman & Nicobar (UT)	32	
			04	
			03	
			39	

DISTRICT YOGA WELLNESS CENTRE (DYWC)

5	Dev Sanskriti Vishwavidyalaya, Shantikunj, Haridwar, Uttrakhand. Tel: 01334-261367, Ext- 5405,5509,5436 Fax: 01334-260723, 01334-260866 E Mail: vc@dsvv.org - drspmishra98@hotmail.com Web site: www.dsvv.org	18. Uttarakhand 19. Uttar Pradesh 20. Bihar	13	
			71	
			121	
6	Ramakrishna Mission Vivekananda University Belur Math, Howrah-711202 West Bengal. Tel: 03326549999, 03326543503. Fax: 03326544640 E Mail- mailbox@rkmvu.ac.in OR Ramakrishna Mission Vivekananda University Sri RamaKrishna Vidyalaya (P.O) Periyanaickenpalayam Tamilnadu – 641 020 Tel: (0422)2692676, 2695451, 2695452 Fax: (0422)2692582 E Mail- vivekananda.university@gmail.com fdmedu@gmail.com Web Site: www.rkmvu.ac.in	21. West Bengal 22. Sikkim 23. Arunachal Pradesh 24. Tripura 25. Nagaland 26. Manipur 27. Mizhoram 28. Assam 29. Meghalaya 30 Jammu & Kashmir 31. Himachal Pradesh 32. Delhi	18	
			04	
			144	
7	Indian Institute of Yoga Science & Research (IIYSAR), 2 nd floor, Biju Patnayak Complex, Damana Square, Chandrashekharpur, Bhubaneshwar-751016 Orissa. Tel: 06742742891, 06742742657 E Mail: info@iiysar.ac.in Web Site: www.iiysar.ac.in	33. Orissa 34. Chhattisgarh	30	
			16	
			46	
8	Nutan Sanjeevani Sansthan, Bela Bagan, Math Bari, Post- Daburgram, Deogarh-814112 Jharkhand. Tel: 06432-231582, 06432231745 E Mail: swamimangalteertham@yahoo.com	35. Jharkhand	22	
			22	
			630	

Note:

1. **Ramamani Iyengar Memorial Yoga Institute, Pune and ICYER, Pondicherry** will coordinate with MDNIY in preparation of standard Yoga modules, DVD's and IEC materials for DYWC and also help to monitor the entire scheme.
2. During the financial year 2010-11MDNIY will establish 100 District Yoga Wellness Centers and proportionately the centers will be allocated to each state.



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68, Ashoka Road, Near Gole Dak Khana, New Delhi-110001

Scheme for
District Yoga Wellness Centre
under Public Private Partnership (PPP)

General Guidelines

1. The application for financial assistance shall be submitted to Director, Morarji Desai National Institute of Yoga, 68, Ashok Road, New Delhi – 110 001 in the prescribed format enclosed (**Annexure –X**), on or before the last date as notified, (North East States, J&K, Andaman & Nicobar, Lakshadweep are allowed for 07 days grace period) along with following documents:
 - Attested copies of registration of the Society or Trust, Memorandum of Association, Rules & Regulations of the Society or Trust and Byelaws etc..
 - List of members of Managing Committee/ Governing Body of the Institution.
 - List of present Office Bearers.
 - A Certificate to the effect that the NGO is not involved in any litigation regarding ownership of the proposed building, closure, transfer or any financial irregularities etc.
 - Details of available infrastructure facilities. (Photographs are appreciated)
 - List of Yoga teaching, training and other public healthcare activities conducted by the NGO during the last three years.
 - List of present staff (Technical and Non-Technical)
 - Audited Statement of Accounts for the last three years.
 - Recommendation from District Collector/District Magistrate/District Commissioner in a prescribed format **Annexure –VIII**.
 - Recommendation from Nodal Yoga Institute of concerned state as identified by MDNIY in a prescribed format **Annexure –IX**.
2. The applications so received will be processed by the Institutional Scrutiny Committee of MDNIY. Director, MDNIY may arrange for an inspection of eligible NGO if it is found necessary.
3. The Inspection report, if any and the proposal will be placed before the Institutional Evaluation Committee (IEC) for their evaluation and selection. Accordingly Director, MDNIY will decide to release of grant-in-aid or otherwise. No intimation will be given to the NGO which are not selected by IEC.
4. A sanction letter will be issued to all the selected NGOs by MDNIY, with the details of guidelines and financial assistance payable under different heads for organizing the said programme.
5. On receipt of sanction for financial assistance the concerned NGO is required to execute a bond in this respect. On receipt of bond paper and stamped pre-receipt for the grant-in-aid, the MDNIY will release 100% non-recurring grant to the NGO.

DISTRICT YOGA WELLNESS CENTRE (DYWC)

6. On receipt of information regarding establishing the proposed infrastructure & recruiting the staff for DYWC from NGO, the Recurring Grant will be released in 3 installments as per details given below:
 - (i) **First Installment:** 50% of recurring expenditure.
 - (ii) **Second Installment:** 40% of recurring expenditure will be released on receiving expenditure statement of 1st installment.
 - (iii) **Third Installment:** 10% of recurring expenditure will be released on receipt of audited statement of Accounts along with Utilization Certificate of the financial year.
7. The expenditure under recurring and non-recurring head will have to be made strictly for that purpose and not otherwise. Any expenditure made otherwise shall not be admitted as expenditure under the scheme and it will be the responsibility of the NGO to meet such expenditure.
8. The selection of staff (on contractual basis) should be made through a Selection Committee constituted for this purpose by the NGO. The selection committee may be constituted in consultation with Nodal Yoga Institute of the state and may have one of its nominee as a member of the committee. List of selected candidates should be forwarded to MDNIY for approval.
9. Fair representation for women, SC/ST and OBC participants should be ensured in all the above programme.
10. MDNIY propose to charge the following **nominal fees** from the participants for different Yoga training and awareness programmes:
 - (a) Registration -Rs.10/- (One time payment)
 - (b) Foundation Course in Yoga for wellness (1 month)-Rs.250/- (per course)
 - (c) Yoga Awareness Programme -To be decided by DYWC
 - (d) Special/Regular Yoga Training Programme -Rs.25/- (per week)

Note-However the DYWC is free to fix the fee structure without making much burden on the participants. The same must be intimated to MDNIY.
11. The DYWC will submit a half-yearly and annual progress report in the prescribed format to the MDNIY, on or before by 15th of next month duly forwarded by concerned Nodal Yoga Institute.
12. The DYWC availing the financial assistance shall produce the following documents duly forwarded with recommendation of Nodal Yoga Institute every year:
 - (a) List of participants under different programme.
 - (b) Income and Expenditure Statement duly audited.
 - (c) Brief progress report of the activities undertaken during the previous year along with the photographs.
 - (d) Major activities and achievements.
 - (e) Utilization Certificate (**Annexure VII**).
13. Non-receipt of the compliance reports from the DYWC shall be viewed seriously and such lapse on the part of it will lead to withholding of the grant-in-aid.
14. Over a period of three years, the DYWC should become self sufficient to run the Yoga Education and Training programme.
15. In case of any dispute, the area of jurisdiction will be Delhi.



BOND

1. Known all men by these presents that we the..... an institution registered under the Societies Registration Act, 1860 (21 of 1860)/ Trust thereof having its office..... in the state of (hereinafter called the obligors) are held and firmly bound to the President of India (hereinafter called the Government) in the sum of Rs. (Rupees..... only) well and truly paid to President on Demand and without a demur for which payment we bind ourselves and our successors and assigns by these presents.
2. SIGNED this day of in the year Two Thousand and
3. WHEREAS on the obligors request the Government has as per Morarji Desai National Institute of Yoga, New Delhi letter No Dated (hereinafter referred to as the letter of sanction which forms an integral part of these presents and a copy where of is annexed hereto as **Annexure-A**) agreed to make favour of the obligors as a grant of Rs. (Rupees only). on the condition of the obligor executing a Bond in the term and manner contained hereinafter and which the obligor have agreed to do.
4. Now the condition of the above written obligation is such that if the obligors duly fulfill and comply with all conditions mentioned in the letter of sanction the above written bond or obligation shall be void and of no effect. But otherwise it shall remain in full force and virtue. If a part of the grant is left unspent after the expiry of the period within which it is required to be spent the obligors agree to refund the unspent balance along with interest @ 10 % per annum unless it is agreed to be carried over.
5. The Society/ Trust agrees and undertakes to surrender/ pay to Morarji Desai National Institute of Yoga, New Delhi the grant used for any purpose other than that for which the grant was released. The decision of the Director, Morarji Desai National Institute of Yoga, New Delhi as regard grant to be surrendered/ paid to the Government will be final and binding on the grantee.
6. AND THESE PRESENTS ALSO WITNESS THAT
 - (i) The decision of the Director Morarji Desai National Institute of Yoga on the question whether there has been breach or violation of any of the terms and conditions mentioned in the sanctioned letter shall be final and binding on the grantee and



DISTRICT YOGA WELLNESS CENTRE (DYWC)

(ii) The Morarji Desai National Institute of Yoga shall bear the stamp duty payable on these presents.

7. IN witness where of these presents have been executed as under on behalf of the obligor the day here in above written in pursuance of the Resolution No dated passed by the Governing Council of the Obligor, a copy whereof is annexed here to as **Annexure –B**, and by for an on behalf of the President of India on the date appearing below:

Signed for and on behalf of
(Name of the Obligor Association)

In the presence of

1)

2)

Witness's name and address

Accepted for an on behalf of the President of India

Witness

Date

Designation

Name and Address:

Encl: Annexure A & B



Morarji Desai National Institute of Yoga
68, Ashoka Road, Near Gole Dak Khana, New Delhi-110001

**STAFFING PATTERN UNDER THE SCHEME FOR FINANCIAL ASSISTANCE TO RUN
DISTRICT YOGA WELLNESS CENTRES**

S. No	Name of the post	No. of Posts	Qualification and experience for the post			Remuneration per month (consolidated)	Total per year
			Essential qualification	Desirable	Experience		
1	Yoga Instructor (Full time)	02 (01 Male + 01 Female)	Regular Master's Degree in Yoga/ Degree in Yoga/ Degree in Yoga & Naturopathy from a recognized University OR Any Degree with regular One year Diploma in Yoga (after degree) from a recognized University or an Institute of repute at National level.	a. Knowledge of Computers b. Good Communication Skill	NIL	Rs. 12,000/- x 2 Yoga Instructors	Rs.2.88 lakhs
2	General Duty Attendant (Full time)	01	VIII th Pass	NIL		Rs. 3,000/-	Rs.0.36 lakhs
			Total			Rs. 27000/-	Rs. 3.24 lakhs

Note:

1. The period of experience may be relaxed by the Selection Committee in case suitable candidates are not available for Yoga Instructor post.
2. Wide publicity through local news media and website shall be given to fill up the posts. The expenditure with this regard shall be met out by the concerned institution/society/Trust.



Morarji Desai National Institute of Yoga
68, Ashoka Road, Near Gole Dak Khana, New Delhi-110001

Programme to be conducted by District Yoga Wellness Centre

The District Yoga Wellness Centre (DYWC) assisted under the scheme will be required to conduct the following programme:

- i. Foundation Course in Yoga for Wellness (FCYW) of one-month duration at least 10 programme in a year.
- ii. Yoga Awareness Programme of 3-5 days duration (minimum 15 hrs.) – Minimum 4 programme in a year.
- iii. Special Yoga Programmes for General Wellbeing.
- iv. Regular Yoga Training Programme for prevention and promotion of health for general public of each minimum one hour duration (minimum 2 Training programme of each one hour duration daily, separately for male and female).

The details of the programme are as under:

a) Foundation Course in Yoga for Wellness (FCYW)

This is a part time course extended over a period of one month (45 hours) has been designed to promote physical, mental and spiritual health of an individual and to lead a happy and healthy life, thus to bring harmony and peace in the society. This course is open for all individuals who have passed the Matriculation examination from a recognized board or its equivalent. No person with chronic ailments shall be allowed to take admission to this programme.

b) Quarterly Yoga Awareness Programme (YAP)

The centre shall organize at-least 4 Yoga Awareness Camps/Workshops of 3 – 5 days each (minimum 15 hrs.) per annum, to increase mass awareness about Yoga and its practices by inviting Yoga experts and medical professionals in the field of Yoga. The centre may invite some experts in one programme to deliver lectures on different aspects of Yoga and allied subjects and to conduct Yoga practical sessions for the benefit of the people. The center may also charge some nominal fees from the participants to conduct these programmes.

c) Special Yoga Programme for General Wellbeing (YPGW)

As many as special yoga programme for the general wellbeing of the people should be conducted frequently to propagate the efficacy of Yoga practices and principles for well being among the masses.

(d) Regular Yoga Training programme (RYTP)

DYWC will decide the contents for regular Yoga training programme according to the needs of participants.



Morarji Desai National Institute of Yoga
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Half-Yearly Progress Report (From..... to)

Of

.....

District Yoga Wellness Centre

.....

Distt-, State- (India)

S. No	Heads	Courses/Programmes						Fees Received in Rupees					Remarks if any	
		FCYW*	YAP*	YPGW*	RYTP*			TOTAL	FCYW@	YAP@	YPGW@	RYTP@		TOTAL
					Male	Female	Total							
01	No. of Programme/ courses													
02	No. of Registrations													
03	No. of Participants													
	New													
	Old													
	Total													

*
 (FCYW)- Foundation Course in Yoga for Wellness.
 (YAP)- Quarterly Yoga Awareness Programme.
 (YPGW)- Yoga Programme for general well-being.
 (RYTP)- Regular Yoga Training Programme.

@
 Fee decided by DYWC

(Signature with seal of Head of the DYWC)

(Signature with seal of Nodal Officer of concerned Nodal yoga Institute)



Form of Utilization Certificate

Certified that out of Rs (Rupees.....) only, of advance of grant-in-aid sanctioned during the year in favour of wide MDNIY's sanction letter No Dated, a sum of Rs (Rupees) only, has been utilized (as per the rules and guidelines) for the purpose for which it was sanctioned and that the balance of Rs (Rupees) only, remaining unutilized has been *surrendered vide this organization's letter No Dated /*will be adjusted towards further advance of grant-in-aid payable/ drawn during the next year. (* Strike out whichever is not applicable)

Certified that we have satisfied ourselves that the conditions on which the grant-in-aid was sanctioned have been duly fulfilled/ are being fulfilled and that we have exercised the following checks to see that the money was actually utilized for the purpose for which it was sanctioned. This Institute/Organization has not deviated from the scheme.

Kinds of Checks Exercised:-

1. Checked the Cash Book and Bank Book entries for the receipts and payments out of the fund.
2. Checked the individual Vouchers.
3. Checked the ledger Account of Expenses.
4. Ensured that the payments made out of the sanctioned fund are pertaining to the period of the programme.
5. Checked all the documentation.
6. Checked the Statement of Expenditure (As per Attached Annexure).

This Certificate is issued on the basis of books and records placed before us and as per the information and explanations provided to us.

Signature & Seal

Head of the Institute
(In ink)
Date:
Name:
(in block letters)

Signature & Seal

Accounts Officer/ Chartered Accountant
(In ink)
Date:
Name:
(in block letters)
Registration No. of Firm
Membership No. of the signing AO/CA



CERTIFICATE

This is to certify that..... (NGO) with address..... registered under Societies Registration Act 1860/ a Trust with Registration No. dated is working in the field of Yoga Training/ Health Promotion.

The said organization is credible to conduct Yoga wellness programmes of “District Yoga Wellness Center” scheme under PPP.

Therefore application of the NGO for grant of financial assistance under the Scheme is hereby recommended for consideration.

Date

(Signature with Seal of DC/DM)

To,

**The Director,
Morarji Desai National Institute of Yoga
68, Ashoka Road, Near Gole Dak Khana,
New Delhi-110001**



CERTIFICATE

This is to certify that..... (NGO) with address..... registered under Societies Registration Act 1860/ a Trust with Registration No. dated has credibility and basic infrastructure facilities to conduct all the programmes laid down in the Scheme of District Yoga Wellness Centre under PPP.

Therefore application of the NGO for grant of financial assistance under the scheme is hereby recommended for consideration.

Date- (Signature with seal of Head of Nodal Yoga Institute)

To,
The Director,
Morarji Desai National Institute of Yoga
68, Ashoka Road, Near Gole Dak Khana,
New Delhi-110001



DISTRICT YOGA WELLNESS CENTRE (DYWC)

11. Infrastructure available (Furnish details in terms of land, building and other infrastructure):
 - a. Own: Copy of Sale Deed at **Annexure** _____
 - b. Rented: Copy of Agreement Deed) **Annexure** _____
12. Whether sufficient space for holding Yoga practical classes is available? if yes, details thereof :
 - a. Own:
 - b. Rented:
13. Whether any scope for expansion of building and other infrastructure? if yes, furnish details there of _____
14. Whether the NGO is conducting any Yoga courses/ Programme at present? If yes, provide details thereof:
15. Details of the staff working in the Centre:

S. No.	Name of the Staff	Designation	Qualification	Experience	Permanent/ Temporary	Remarks

16. Whether any Yoga Camps/ Seminars/ Workshops/Conferences/ Healthcare/ Community Awareness Programme were organized during last three years. If yes, provide details along with documentary evidences e.g., certificates/ photographs, CD etc.

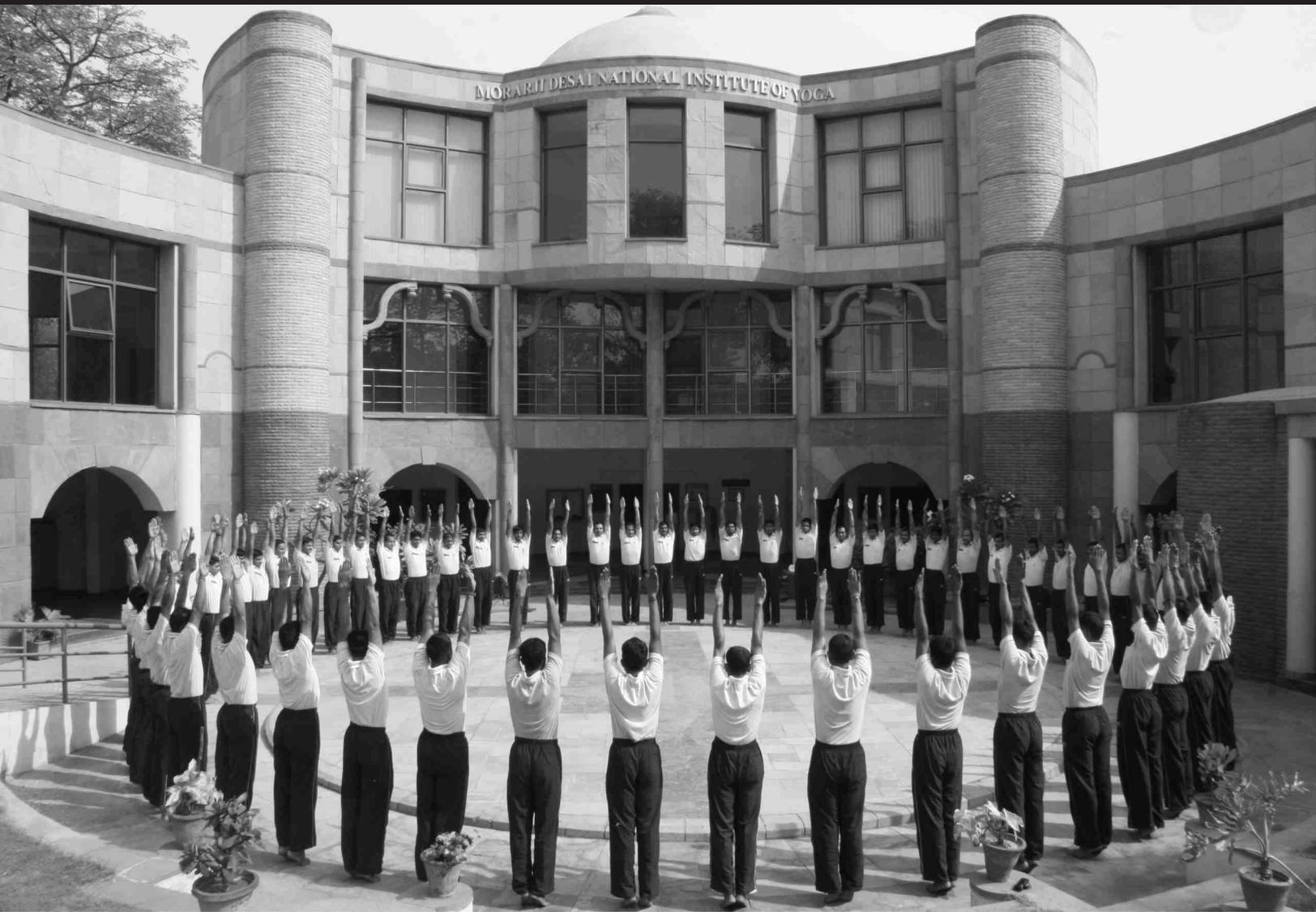
17. Activities proposed to be undertaken _____

18. Recommendations : Districts Commissioner / District Magistrate Yes/No
: Nodal Yoga Institute Yes/No
19. Any other relevant information: _____

(Signature of President/Chairperson of the Society/ Trust with seal)

Enclosures : List of Enclosures with page numbering





MORARJI DESAI NATIONAL INSTITUTE OF YOGA

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