

**Ramakrishna Mission Vivekananda University**  
(Declared by Govt. of India as Deemed University u/s 3 of UGC Act, 1956)  
**Belur Math, Howrah 711202, West Bengal**

**School of Indian Heritage, Department of Yoga Studies**

**Admission Notice: March 2016**

**Admission to the following yoga related courses for the session 2016:**

- (1) **PG Diploma in Yoga (PGDY)- 1 year** (full time course): Session starts in **July 2016**.
- (2) **Certificate Course in Yoga (CCY)- 1 year** (classes 3 days per week- Monday, Tuesday, Wednesday morning): Session starts in **May 2016**.
- (3) **Outreach Programme of Yoga for Health and Wellbeing (OPY)-6 months** (yoga practice 3 days per week- Thursday, Friday & Saturday at 7:30 to 9:0 am): Session starts in May 2016.

***Applications are invited, from MALE candidates only, for admission to the above courses under the School of Indian Heritage, Department of Yoga Studies to be conducted at University's Main campus located at Belur.***

**Eligibility:**

- (1) **PG Diploma in Yoga (PGDY):** Graduate in any subject (including B.P.T & B.P.Ed.) with minimum 50% marks from any recognized University. Age limit- 40 yrs.
- (2) **Certificate Course in Yoga (CCY):** (i) Who have successfully completed 4 months Outreach Programme of Yoga for Health and Wellbeing; (ii) Minimum qualification 10+2 or equivalent of any stream with minimum 50% marks from any recognized board or University.
- (3) **Outreach Programme of Yoga for Health and Wellbeing (OPY):** It is a regular Yoga practices programme for improvement of general Health & Wellbeing (i.e physical, mental, intellectual & spiritual Wellbeing) for day to day life. This programme of Yoga is open to all (male only), should be physically fit and mentally alert, admission will be made after suitable screening.

**The following criteria are applicable for both PG Diploma and Certificate Courses:**

- (1) Relaxation of marks for reserved category as per the Government rules.
- (2) Students awaiting results may also apply.

**Mode of Selection:**

**Fitness test and interview:** Candidates will be subjected to physical fitness test and an interview to assess their aptitude and interest in the course of their choice.

**Admission and Course Fees:**

**(1) For PG Diploma in Yoga (PGDY):**

- (i) Admission-cum-Registration Fees (one-time): **Rs.5000/-**
- (ii) Caution Deposit (refundable on completion of the course after deduction of breakage etc.): **Rs.2000/-**
- (iii) Course Fees: **Rs.12,000/-** for one year (2 semesters)
- (iv) Identity Card: **Rs.50/-**

[Full amount of Fees payable at the time of admission:  
Rs.(5000+2000+12000+50)=**Rs.19,050/-**]

**(2) For Certificate Course in Yoga (CCY):**

(i) Admission-cum-Registration Fees (one-time): **Rs.1,000/-**

(ii) Course Fees: **Rs.6,000/-** for one year (Semesters)

(iii) Identity Card: Rs.50/-

[Full amount of Fees payable at the time of admission:

Rs. (1000+6,000+50)=**Rs.7,050/-**

**(3) Yoga for Health and Wellbeing-an Outreach Programme(YHW):**

(I) Admission-cum-Registration Fees (one-time): **Rs.5,00/-**

(ii) Course Fees: **Rs.3000/-** for six months.

(Full amount payable at the time of admission **Rs.3,500/-**)

➤ **Application Form: Rs. 300/-**

➤ **Last Date for submission of application form:**

**(i) For PG Diploma: 11 June 2016**

**(ii) For Certificate Course & Outreach Programme: 07 May 2016**

➤ **Date of interview & fitness test for PG Diploma: To be announced later. Please see the website after 13 June 2016.**

**Name of applicants of PGDY selected for the interview will be displayed in the website.**

**How to apply:**

Application forms can be collected from the University Office at Belur Campus in person or may be downloaded from our website as given below. and filled up form should be sent to the following address with a Demand Draft in favour of 'Ramakrishna Mission Vivekananda University' or cash (if paid in person) for **Rs.300/- within 11 June 2016 in case of PG Diploma and 07 May in case of Certificate course & Outreach Programme.**

**Download Application Form from the website: [rkmvu.ac.in](http://rkmvu.ac.in) [Department of Yoga]**

**Submission of Application Forms:**

Application forms completed in all respects should be submitted to the Registrar at the address given below either in person at the University Office together with a fee of Rs.300/- in cash or by demand draft in favour of Ramakrishna Mission Vivekananda University payable at Belur Math, Howrah, preferably UBI or SBI during office hours (from 10 am to 5 pm) so as to reach us on or before 11 June July 2016. **Write on the envelope the name of the course you are applying for & to be addressed to:**

**The Registrar  
Ramakrishna Mission Vivekananda University  
Belur Math, Howrah 711202  
West Bengal.**

**Course content:** The content of the courses have been designed in the light of and in tune with the model syllabus given by University Grants Commission (UGC), New Delhi.

**Contact: 033-2654999; 09433979911;**

**Email- [vivekananda.university@gmail.com](mailto:vivekananda.university@gmail.com); [hariharanandaswami@gmail.com](mailto:hariharanandaswami@gmail.com)**